

Fall
2010

SET Gazette

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Supporting Employment Transitions
Employment Resource Centre

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Supporting
Employment
Transitions
S.L. Bistriz Consulting Inc.

Fall Hiring Fair

Tuesday, October 19, 2010, 1:00 to 4:00 p.m.

Vancouver Island Conference Centre

Commercial Street – Downtown Nanaimo

Entry-level worker? Tradesperson? Professional? Visit our Hiring Fair to meet local employers who are looking for qualified staff. Update your resume and hone your interview skills to maximize your first impression by attending the **“Hiring Fair Crash Course”** workshop at SET on October 7 or 15 (9:30 to 12:30) and **“Acing the Interview”** on October 15 (1:30 to 4:00).

How Can SET Help You?

Our **Employment Consultants (ECs)** provide professional, one-on-one work-related support and guidance to help you find meaningful employment and develop realistic back-to-work plans. Each consultant has current information on all local employment programs and services.

An employment consultant can:

- Assist you in identifying your employment needs for your unique employment situation.
- Determine your eligibility for government funded employment programs and services.
- Assist you in creating a Return-to-Work Action Plan based on your realistic occupational goals.
- Help you determine any necessary retraining requirements.
- Share in-depth knowledge of the BC labour market and current labour market resources.
- Refer you to a variety of workshops to help you realize your unique personality, interests, values, beliefs and aptitudes as these relate to your work direction.
- Refer you to community resources as needed.

Ready, SET, Go!

Our **Ready, SET, Go!** team is running for the cure on October 3, 10am, at Beban Park. Come cheer us on!



Join SET on Facebook

SET is pleased to announce that we are now on Facebook. Find our page by searching for **Supporting Employment Transitions**, and sign up for the latest updates.

SET Your Target

Only 3 sessions left in 2010!

October 12 to 22
November 8 to 19
December 6 to 17



Want to know what employers are looking for? Need a boost to jump-start your job search? Let us lead you through a 2-week job search program that is helping people find work faster than those who go it alone. You will have fun while learning how to market yourself effectively.

Call 250.714.0085 to meet with an Employment Consultant to see if this is a good next step for you.

‘Building Futures Together’

RDN Plans Can Guide Careers

“Change is the law of life. And those who look only to the past or the present are certain to miss the future.”

~ John F. Kennedy

The Regional District of Nanaimo is preparing for change – and so can we. An understanding of the RDN’s plans can help guide our own futures.

To foster economic resilience, the RDN is seeking out opportunities to create sustainable approaches to the traditional sectors that built the regional economy (i.e. natural resources and agriculture), while developing new ones.

The main goals of their plan include:

- Increased access to healthy, locally-produced food
- Decreased community reliance on fossil fuels and automobiles while promoting green infrastructure, alternative fuels, conservation, renewable energy and more active modes of transportation
- Creative solutions to enable aging citizens to remain in place with affordable housing options

Implementation of these plans will lessen our impact on the environment, enhance community health, and present opportunities for forward-thinking entrepreneurs. The RDN plans to engage local people in projects that demand creative and innovative approaches to planning, design and development. The long-term goal is to strengthen Nanaimo’s self-sufficiency, build a community of skilled citizens and capitalize on the opportunity to lead a transition toward a greener, more efficient economy.

The RDN recognizes the need to monitor trends, adapt and change with the times. To succeed in the future, we will need to do the same. (From: “Integrated Solutions for a Sustainable Future” – RDN Board Strategic Plan 2010 – 2012)

Top 3 Skills

The following skills are the most in demand by Canadian employers. Do you have what they are looking for?

1. **Problem-solving:** Can you identify problems, provide solutions and make effective and timely decisions?
2. **Technical skills:** Can you use the Internet, e-mail and office programs such as Word, Excel and PowerPoint?
3. **Communication skills:** Are you a team player? Can you communicate effectively both verbally and electronically?

In what areas do you need improvement? How can you find ways to improve these skills? Call SET at 250.714.0085 for a one-to-one appointment.

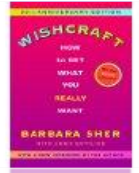
Good Reads

The following books are available at SET. Visit the resource centre to read these and other great books.

Wishcraft: How to Get What You Really Want

By Barbara Sher

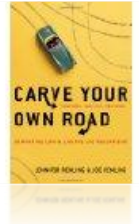
Discover your skills, set goals, transform your fears, chart your progress, create a support network and develop a buddy system to keep you moving toward a career/life you love.



Carve Your Own Road: Do What You Love & Live the Life You Envision

By Jennier Remling & Joe Remling

Follow a detailed process for reconnecting to your dreams and expanding your opportunities. Read inspiring examples of individuals who have followed their passion.



Did you know?
SET has one of the best career resource libraries on Vancouver Island. We feature more than **800** books to help you with successful job search and career planning.

Un retour à l'école

L'automne signifie la fin de l'été et le commencement d'une autre année scolaire pour les enfants. Mais de plus en plus, ce sont les adultes qui retournent à l'école. Pour plusieurs d'entre eux, acquérir un niveau supérieur d'éducation est devenu nécessaire afin de dénicher un nouvel emploi ou obtenir une promotion au sein de la compagnie pour laquelle ils travaillent. Ce n'est pas évident de retourner aux études et de faire face à cette nouvelle réalité, il y a beaucoup à considérer. Il est important de reconnaître les problèmes qui surviennent au tout début des cours et de les partager immédiatement avec vos professeurs, un conseiller éducatif ou d'autres étudiants afin de trouver l'assistance nécessaire. Vous avez autant de chance de compléter votre programme académique que tous autres étudiants dans vos cours. Ayez confiance, étudiez fort et soyez un bon exemple pour vos enfants ou pour les autres étudiants en faisant bien vos devoirs! Bonne Chance!

Gabriola Island Outreach Service

1st and 3rd Tuesdays each month from 12:30PM-3:30PM

People for a Healthy Community (use back door)

675 North Rd, Gabriola Island



'Building Futures Together'

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